

**2013 – Tom Bohrer Rowing Camp – Swim Test Form**

**Instructions:**

1. Write name of participant on the Swim Test Form.
2. Have a certified Lifeguard/Water Safety Instructor observe you and complete the form below.
3. Swim 100 yards in a competent manner and tread water for 5 minutes

Name of Participant/Rower: \_\_\_\_\_

Name of Lifeguard/Water Safety Instructor: \_\_\_\_\_

Name of Pool: \_\_\_\_\_

Phone Number of Pool: \_\_\_\_\_

**Swim Test Certification:**

I hereby certify that the participant can swim at least 100 yards in a competent manner and can tread water for 5 minutes.

Signature of Lifeguard/Water Safety Instructor: \_\_\_\_\_

Date of Test: \_\_\_\_\_

Mail copy of Swim Test Form (or bring to first day of camp): Tom Bohrer Rowing Camp, 285 Babcock Street, Boston, MA 02215.